

Activism starts **young**

Infant **School** (Interactive ages 3+)





Who we are...

Play Fitness specialises in providing young people with safe and affordable access to quality outdoor fitness equipment.

Our strap line is **ACTIVism starts YOUNG**. The word activism is used because we believe that only social movement will overcome the problem of obesity, one which parents, teachers, health authorities and politicians all need to be involved in. Active and Young is highlighted because this is where Play Fitness' passion lies, we want to provide communities throughout the world with products that make being active fun.

We want to encourage the population to engage in fitness both on the outside and on the inside. We will provide the community with the means to encourage and motivate young people, this will allow them to enhance their lifestyles and break down the barriers that restrict them from participating in physical activity.

We have developed this range to tackle the growing problem of childhood obesity.



Outdoor Exercise Activities For Infant Children... (ages 3+)

Play Fitness have developed a range of innovative fitness equipment for infant children that combine fun with a cardiovascular workout. Our aim is to create an environment which is both stimulating and physically challenging.

We have developed this range to tackle the growing problem of childhood obesity.

Children are not meeting the internationally recommended levels of physical exercise. Research has shown that children are entering senior school without basic movement skills that are needed to take part in physical activity effectively. This has led to 39% of children across the UK having a negative attitude towards being physically active by the age of 11.

We have already created the outdoor gym for children aged 7+, our infant equipment will give younger children the opportunity to increase their physical activity levels whilst having fun.

Our products have been designed and manufactured in the UK to the highest possible safety standards.

Available products can be found throughout the rest of this brochure...





Infant Exercise Zone...

This is a combination of our play panels; it can be a great addition for any school to help enhance your current outdoor activity areas.

The exercise zone is a fully bespoke product which can be tailored to your individual space requirements. With carefully chosen pieces of equipment the exercise zone will help to improve the children's core strength, balance and co-ordination.





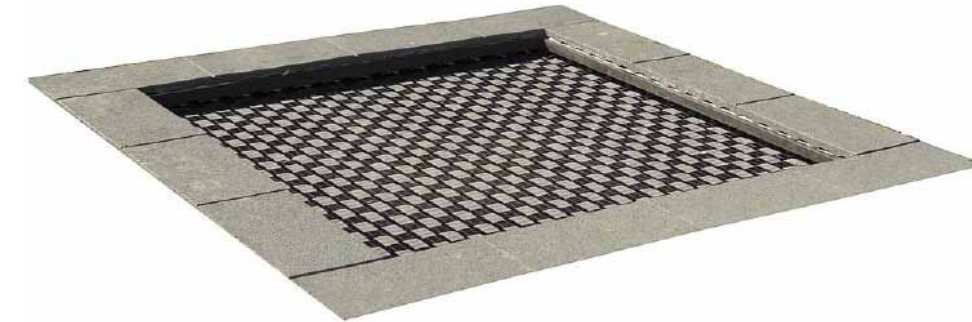
Trampoline...

Unlike regular trampolining, the aim of this equipment isn't to bounce high or perform gymnastic tricks, it is to perform a series of small, controlled movements.

There's no need for special instruction, you can use our trampoline for bouncing, jogging or dancing.

Product features:

- 1.5m x 1.5m trampoline
- Jumping bed made of wire reinforced belt fabric
- Approved and accepted by TÜV Product Service
- Suitable for playgrounds, no supervision required
- High vandalism safety





Wobble Board...

Wobble board is a fun way to help develop balance and coordination.

It can also be used for exercising and strengthening core stability. This is a versatile piece of equipment which can be used for a variety of fun games and exercise challenges.

Product Features:

- Manufactured in the UK
- Springs with 5 year guarantee
- Galvanised steel ground anchor
- Seat fully supported by steel bracket
- Heavy duty HDPE body construction
- Slip resistant board
- High quality footrests and hand holds
- TÜV tested to EN1176





Tangle Play Panel...

This is an exciting and challenging multi player piece of equipment.

You spin the arrow and follow each instruction that it lands on in correspondence with the coloured discs. This is a great team game which helps to strengthen balance and coordinate the body with the brain.

Product Features:

- HDPE panel construction
- Easy to spin pointer
- Multi coloured plant-on
- Recycled plastic posts are available
- Comes in two different sizes





Solar Stopwatch...

The solar stopwatch is an ideal addition to any sports field or play area.

It encourages team work and fair play as you can time your team mates on an activity and ensure that each person receives the same play time.

Product Features:

- HDPE panel construction
- Large LCD digital display
- Durable shatter-proof solar panel
- Stainless steel touch sensor activation
- Ultra reliable, commercial grade electronics
- Recycled plastic posts are available





5-a-Day...

The 5-a-Day play panel features a back mounted rotating disc, which can be spun from the bottom. When spun it lands on one of five activities to do.

This Includes:

- Run on the spot
- Touch toes
- Star jumps
- Balance on one leg
- Hop on one leg

Product Features:

- Back mounted rotating disc
- 5 Printed fitness activities
- Viewing aperture
- Can be customised with fitness or fun activities
- Stainless steel fasteners
- Recycled plastic post also available





Turbo Racer...

A quick and simple game with spinning counter and numbered racing tracks.

You spin the wheel and run to the number which the counter lands on and back. Move your slider along the race track to the same number. Try a hop, skip or a jump to make the game more challenging.

Product Features:

- Disc spinner
- Free running disc bearing
- Sliding score fasteners
- Stainless steel fasteners
- Recycled plastic post also available





Memory & Reaction Game...

The memory and reaction game is two electronic games in one.

Either the memory or reaction game can be selected at the start. For the memory game you have to remember the sequence that is played and then touch the corresponding sensor pads to replay the sequence. The reaction game is fast paced and requires the player to press the LED flashing light by touching the sensor to turn it off.

Both games are easy to play, they encourage manual dexterity, help to improve focus, test memory and lengthen their attention span.

The game features narrated instructions, final score announcement and musical notes for user feedback during play. It comes with 5 or 8 sensors and the game time is approximately 30 seconds.

Product Features:

- HDPE panel construction
- Switchable memory or reaction game
- LED lights and sounds panel
- Polycarbonate LED light lenses
- Stainless steel sensor pads
- Narrated instructions and scoring
- Musical notes for play feedback
- Ultra reliable, commercial grade electronics
- 3 year electronics guarantee





Tai Chi Wheels...

Warm up with the Tai Chi Wheels!

The Tai Chi spinner's wheels are designed to promote flexibility and co-ordination in wrists, arms and shoulders. They will also improve circulation and provides an excellent warm-up at the start of your exercise. Suitable for all ages and varying physical abilities.

Product Features:

- Easy to spin rotating plates
- Shaft bearing
- Stainless steel fasteners
- Durable HDPE construction





Spring Maze...

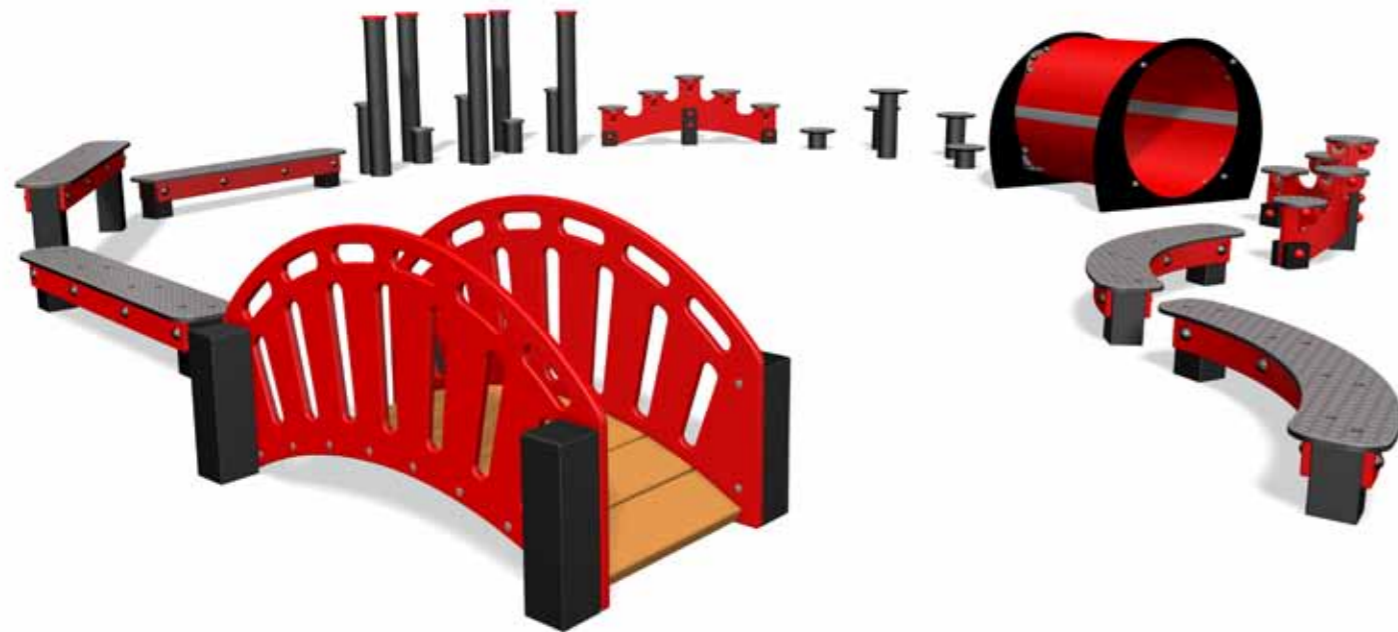
Children manoeuvre the stainless steel marble through the maze.

This open ended game has many ways in which to play: compete against yourself or another player. This piece of equipment improves balance, coordination, and gross motor skills.

Product Features:

- Manufactured in the UK
- Springs with 5 year guarantee
- Galvanised steel ground anchor
- Heavy duty HDPE body construction
- Slip resistant foot plate
- 1 ball (stainless steel) maze
- Smooth, easy tilting action
- Maze game covered by shatter-proof polycarbonate dome





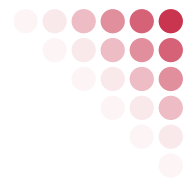
Trim Trail...

Play Fitness has developed a collection of low level adventure trail products for Infants. They create a fun way to introduce exercise in to the playground. Each piece can be placed together creating a fun obstacle course which helps to improve balance and coordination.

Developed with safety in mind all the tread surfaces have slip resistant materials, they are manufactured using high quality HDPE and recycled plastic components. This makes them extremely safe compared to wooden ones that can rot, crack or cause splinters.

The trim trail consists of 8 individual items that the School can customise to suit their needs. The items include:

- Balance Beams
- Curved Balance Beams
- Scramble Tunnel
- Mini Hump Back Bridge
- Stepping Flowers
- Stretch Posts
- Curved Stepping Stones
- Stepping Stones



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